

**08**

Parshat Shemos

# FISCHER'S DIGEST

When a guy in Fischer's has a simcha,  
we all have a simcha!

**THE AFRUF  
EDITION**

*simonf*  
PHOTO



## STRUGGLE BREEDS SUCCESS

BY ANONYMOUS A.K.A. YEHUDA SCHWIMMER AND YITZI "NOODLE" WEINSTEIN

My elementary school rebbi always doubted me that I couldn't write a Devar Torah..... who's laughing now!

In this week's parsha of Shemos, the Jewish nation was flourishing with children. Pharaoh (machlokes if he was related to the Pharaoh from Yosef's times- Fun Fact #202) appoints his buds to burden the holy Yidden with backbreaking labor. The more hard work that was put on the Yidden, the more we flourished.

The Ramban brings that the reason for this phenomenal growth was Hashem's response to Pharaoh's plan of minimizing us. The proof to this is that Shevet Levi was extraordinarily fewer in numbers than the other tribes. The reason is because the Levi'im were not enslaved in Egypt and didn't go through all this crazy labor!! Therefore Hashem did not increase their numbers! The more pain Pharaoh put among the Jews, the more bracha Hashem gave us.

We can learn an incredible lesson from this.

In life not only is the pain a brachah in itself, but directly from the pain we gain mad amounts. And the Levi'im who seemed "lucky" that they didn't go through pain, in the end they didn't gain either. (Now I don't mean to call out the Levi'im for not joining us in Egypt but facts are facts.)

We are a perfect example. Every guy in this yeshiva went through pain, either large or small, in their yeshiva journey. That pain led us to the gift of this yeshiva! If we hadn't had that pain it wouldn't have led us here. It's amazing to think how much all of us gained in this yeshiva.

### A POEM

BY MICHOEL TRETCHIKOV

Chanukah approached so soon, o dreidel we did sing in  
a tune, the menorah lights shone on so bright, while  
the latkes we all ate in delight.

Donuts helped warm our cold winter skin, while  
constant gimmels we all did spin, singing and dancing  
with good  
spirits at heart, the glorious miracle we all did a part.

Each stem of the menorah let out a shout, each  
pleading to try and get all the clout, "FILL US ALL AT  
ONCE!" did it shout, the yetzer hara o does he pout!

one jug at a time is all we had to find, one struggle at a  
time we must train our mind.

The oil we all have internally, can last us all for eternity,  
sometimes all it takes is a simple lighter, to ignite the  
true hidden fighter.

### A BRIEF INTERVIEW

WITH YITZI GRUNWALD, FOUNDER OF G-NATIONZ AND  
HAS 9K FOLLOWERS ON INSTAGRAM, WITH MILLIONS IN  
REAL LIFE

The lights dim.

A bead of sweat falls off his brow.

"Man, it's hot in here!" said the short old man in  
the sauna.

FD: Hey Yitzi, thanks for joining us. What's next?

YG: Mezhbuzh baby!

FD: Awww Yeah! What's one thing we should  
know about you?

YG: I'm actually, with God's help, gonna start a  
clothing company.

FD: Whoa, get me a discount! Now we've all been  
dying to know- what's the deal with the  
sweatshirts?

YG: Tryna get everyone to look dope and clean!

FD: Sounds awesome. Thanks for sittin with us!

# THE EXPERIENCE OF BEING A REBBI AT FISCHER'S

BY RAV BEZALEL COHEN

When I signed up to Teach at Rabbi Fischer's I had no idea what I was about to experience!?! I recieved all different types of strange comments before coming to Yeshiva. For example "Wow, So you might teach at Fischer's, that's the very happy positive place right?!" and things like "Oh, yes it's a very open and colorful yeshiva" or "that's "THE ONE" on the Moshav right?!" Another response was "Are there two Rabbi Fischer's yeshivos?!" Finally, I also heard "That's the Yeshiva where they talk about HaShem right?.....by the way are you going on the Mezhbuzh trip!?" These were just a few examples of some of the interesting remarks that I was hearing and I wasn't quite sure how to interpret them?

However as time goes on HaShem has given me the great Zechus of getting to know you guys, I see all the comments are really true, this is the most happy and positive Yeshiva I've ever been in! It's a open non judgmental Yeshiva filled with the most colorful geshmake guys I've ever met! And yes Rabbi Fischer's Yeshiva is on the Moshav but not only that....WE ARE THE Moshav!!! It's true there are two Rabbi Fischer's yeshivas and there should be .....oops (no should) there ought to be many more!!! Talking about HaShem and the Mezboz trip, it makes perfect sense, we're in a Yeshiva after all!!!

So as you can see I am having a very difficult time writing down my experience in to words mainly because Boruch HaShem my experience has been Awesome!

Everyday I learn new things from you guys like how to be real and non judgmental and to guard ones tongue from Loshon Hara, I sit everyday at breakfast and lunch with different guys and never did I hear a bad word!!! (Bli ayin hara) Now that's impressive (clap clap!) and that's Rabbi Fischer's for you! I hear all the time about guys wanting to learn more and doing it, wanting to work on their davening and have real relationship with HaShem and doing it!!! I also learn new words and phrases like "sheeeee" and "the main thing is to keep the main thing the main thing"!

In short there's so much good to learn from you guys daily and now I finally realized the truth, that I really didn't sign up to be a Rebbe, I really signed up to be a Talmid at Rabbi Fischer's and I am so happy and forever thankful to HaShem that I was accepted!!! Have a Beautiful Shabbos with HaShem!

Yours truly Reb Betzalel Cohen

Thank you Meir Mittel and Yehuda Raice for giving me the zechus to write this!:)

## A LITTLE BIT OF GRATITUDE

BY YOSSI JAKOB

Dear Hashem,

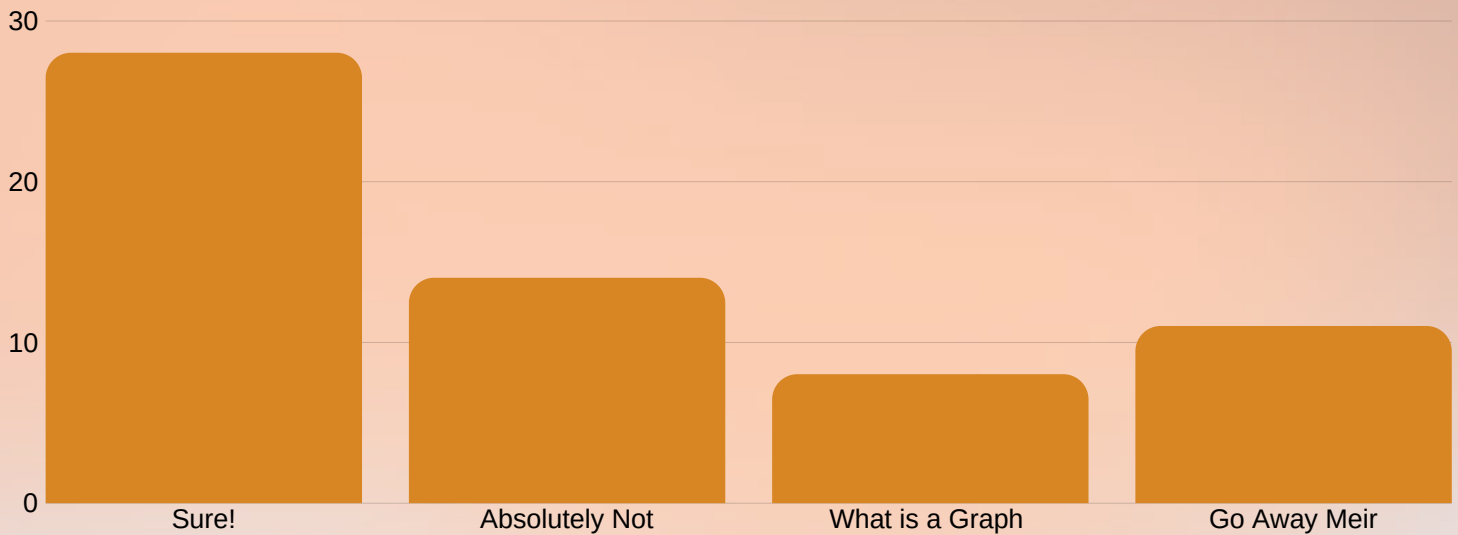
May the ones who read this be blessed with ultimate happiness and long life. Thank You Hashem for giving me this amazing yeshiva, for giving me such amazing people, who authentically care about me. Thank you for Rav Fischer, who has helped us all get closer to You, Hashem.

P.S. I love you all!





## WE ASKED 50 GUYS IF WE SHOULD PUT A GRAPH IN THIS WEEK'S NEWSLETTER



## CREAM CHEESE BAGELS: A LESSON TO LIVE BY

BY SHAYA LEXIER

I must say, I was fired up Thursday afternoon when Skilly and Jason informed me that lunch would be cream cheese bagels. I carefully chose the right bagel. Next thing to do? I sliced it open. I lovingly smeared cream cheese on the inside of the bagel. I then went on the hunt for some peppers and veggies with which I planned to decorate my bagel with. I found none, which was no big deal because in place of them I used some delicious tuna. The whole crafting process was very therapeutic and exciting. I felt like I child in a candy store. Why, you may ask? Not because of the thrill of it or because some may call the whole shebang "fun". I was delighted for a very deep reason. I had realized that this sandwich was a microcosm of life.

## THE WATERBURY SHABBOS

BY GEDALIA GELB

Hi my name is Gedaliah Gelb. I went to an event called the Waterbury Alumni Shabbos. I would like to take you through my experience of this amazing Shabbos.

It was Erev Shabbos going to the places we were going to stay, getting ready for Shabbos. Excitement pumped through our bloodstream. Seeing all the guys at davening, greeting each other with hugs and huge smiles was awesome. By the meal everyone squeezed together to try to sit close to the Rav. My favorite part of the meal was the beautiful singing. The music went through our bodies straight to the hearts. Too see so many guys that were struggling in high school, happy and shteiging is the nicest thing you can see. There is so much to say but it would take this whole newsletter, and I want to save room for other things. I hope you enjoyed this article, have an amazing Shabbos!

Love Gedalia

# THE SHLOMO THE EDDIE THE CHOSSON

BY THE MITTELS

\*S\* is for so super supremely supportive and superb  
 \*H\* is the hilarious humor that always strikes a nerve  
 \*L\* is for Legitimate Loyalty to his family and friends  
 \*O\* is Owning life for the ^win^ genu^ine^ does not pretend  
 \*M\* is marvelous ^Middos^ ^believe those^ upwards he does Propel  
 \*O\* stands for Outstanding Out^going^ Privelege to be ^knowing^ Mr. Shlomo Mittel!

From Boruch, Yitzi, Dovid, Suchi, Chaim, Shlomo, Yehuda, Meir, Shira, Aharon, Aviva, Yosef, & Azi

# A RISE OF ACENSION

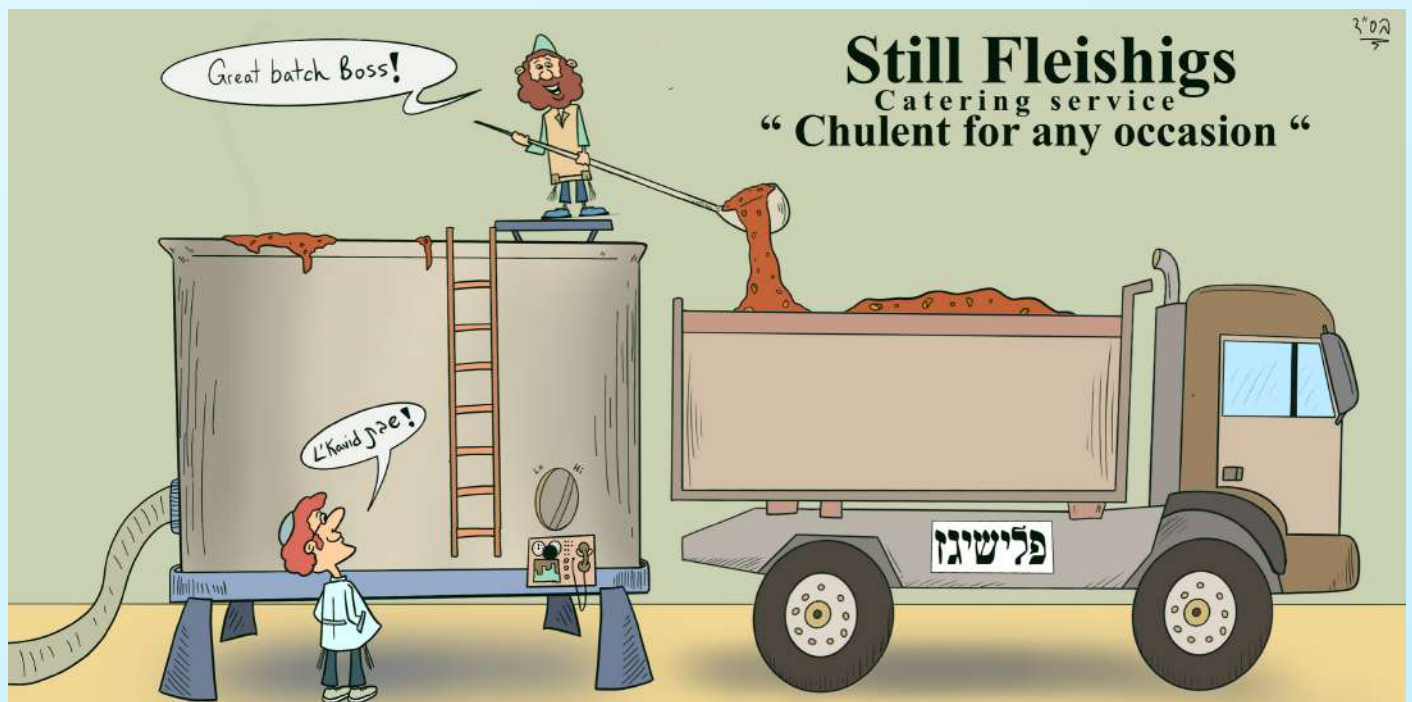
BY MOSHE STERN

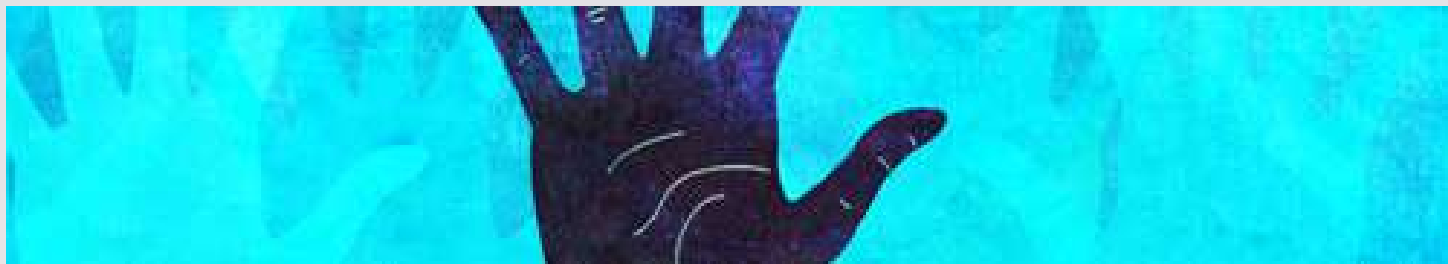
## A hymn by the Mortal One

Heeth my flameth torch thy lameth I walk on the path unpathed by a none for that is the walk of the skinned I call to the orchestred for I know this is not walked alone I see now wisdom as a fool for who can walk the path of narrow with harth Where is he who is, in the now of all nows I seek him but due to my futilities I come up naught, this was told by a frawn piper I dwelved into the matter, my naught is what I saught, I know this because of breath in me lungs expansions of such have brought all my luck for if not than what is? Although death will come although the path affront daunting a taunt I will walk along for that is a must so it goes with the going there is no giving up. In this I have found is the wisdom of the path, shallng be a girding of wits to that of I.

# STILL FLEISHIGZ

BY HUDA KRUPKA





## OH, HOW I WISH I'D KNOWN SOONER

BY SHAI BRODER

### LIFE

- Life is the art of elimination—let go of My stuff, let go of My opinions, perceptions, ideas, let go of Me. What is left is everything We are looking for.
- We are created to live life.
- Accept life's circumstances in order to move on.
- There is nothing but the search for Deveikus...which is the essence, the search about what is true about You and Me and All There Is.
- Each one of Us is here on this world for Our unique individual purpose—so not only should You not be like another person, You're not meant to be like anyone else. You and Your Ma'alos and Chesronos is exactly what is intended for You, and that will create the greatest You.
- We're all on the same journey—just different decor along the way.
- There is a wise reason why Modeh Ani starts with Modeh, and not Ani-express gratitude wherever You can, and You always can.
- My life is My life, My actions have consequences.
- We are all doing the best We can, given what We see and know right now.

### RELATIONSHIPS

- My connection to Hashem is not outside Me—it's through Me—I am constantly connected to that what creates life.
  - Even when I feel disconnected to You, I'm not. We are all One, despite what I think and feel in the moment.
  - Funnily enough, the less of Me there is, the more of Me there is.
  - Loving You is always a possibility.
  - Gentleness is always better.
  - The aim of the game is to peel Myself away from Myself and see only You.
  - You have to love every Jew, whatever They look like, however They act—the whole world hates Us, and every single one of Us has to stick together.
  - You don't need to accept Yourself, because You're perfect the way You are, and that is Acceptance within itself.
  - Today's kids are paving the way for Moshiach. They will not tolerate our Sheker.
  - The only reason why people don't connect with Hashem is because they never just sit down and think.
- Your parents love you, and everything they do is because they believe it's the best thing for you. (Even if they're wrong.)
- When you compliment someone, it's huge—You don't know the positive effect it has on someone.

### FEAR

- It's ok to not be ok.
- If You don't understand something, and You think You'll never be able, I promise You, go over and over and over it again—you will get clarity.
- The harder You find something, the greater the accomplishment.
- Life is not meant to be easy.
- When meeting someone for the first time, they feel just as awkward as You. Just be awkward together.
- Fear of judgment is irrational, because every person is special.
- Stepping out of Your comfort zone can be one of the hardest things to do, but it will cause the greatest triumphs and results.

### DAY TO DAY

- Happiness comes from You, and only You. No one can create Your happiness—happiness is a choice.
- Your thoughts are now who You are, Your thoughts just create emotions—if you learn to control your thoughts, You will never be angry or upset.
- Your biggest struggles are Your greatest strengths.
- If you think the problem is out there, stop Yourself—that thought is the problem.
- Everything we look for is already within us.
- We are whole, not broken...whatever We may think.
- We have everything We need moment by moment, despite what We think.
- I can think and feel something, and know something else to be true.
- Be a Yes Person.
- The difference between Yesh Li Rov (I have most) and Yesh Li Kol (I have everything) is a matter of perception—not how much I have.
- Let go! Listen! Silence is the most beautiful music.
- If I say No because of fear, I probably should say Yes.
- Don't take small things too seriously.



# FISCHER'S *in color*



YISHAI BRINGING HIS DAUGHTER TO THE BAIS MEDRASH TO HEAR THE HOLY WORDS OF TORAH



MAZEL TOV TO BARUCH GOLDSMITH ON HIS ENGAGEMENT!!



MAZEL TOV TO THE DAR YOMI ON FINISHING THE FIRST PEREK!!



# FISCHER'S

## *Waterbury Weekend*

