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Parshat Yisro

# FISCHER'S PAMPHLET

"And Israel encamped there,  
as one man with one heart."  
- Rashi (Yisro 19:12)

# THIS IS FISCHER'S

2 warriors after a long day.  
One on base, and one in the Beis.





## COME TOGETHER

BY REB MENACHEM GOLDBERGER

Hi, so I want to write about the inspiration I got at the siyum made for Rabbi Fischer's father, may his neshama have an aliyah. I was thinking about the power of a group coming together for one unity of connection and doing something big for another person. Maseches Berachos is also a big masechta and I was thinking about how in one day we all finished it together, whereas if I learn myself it'll take a long time. As the siyum was happening I also noticed my mind wandering to the cake, cookies, and herring on the table. It hit me that many times there is a tremendous inspiration in the room where a lot of people come together to do something greater to connect to something out of this world. Yet, the distractions in front of us may look very colorful and tasty and can take away from from what's really deep and powerful. Therefore, I was trying to take a moment as the siyum was happening and really connect and tap into the power of a group- of what we have here as a whole, all of us together what we can accomplish. The possibilities are unlimited when you have a group. It may be a big deal but with Fischers it can be as easy and simple as much as doing a couple lines, and we can accomplish a beautiful thing together. So to wrap it up, 2 points I came out with that hit me: One was the power of a group and the big things we can accomplish when we have each other and realizing we have each other. The second thing was that there's always going to be distractions around in front of my face that will try to get me to be distracted and not focus on/appreciate what's happening. There's always a greater picture, the out of this world experience of neshamos connecting to elevate each others, elevate the neshama of Rabbi Fischer's father, the possibilities of connecting to such greatness. So I wanna give us all a bracha that we be able to see the truth, tap into the depth of life and what's what, what we're involved with, and always stay focused and not get distracted and have all the delicious cake and cookies at the right time. Thank you!

## A MOMENT IN MEZBUZH

WITH ELI SOMEKH

We were by Rebbe Nachman. Rabbi Fischer was telling us how I can daven for someone who's suffering and may be going through the same thing as me, and how I can be his savior. That really struck me. I ended up davening for an hour, for Hashem to take my tefilos & give it to someone. It was the craziest davening I had in a long time.

## A BRIEF INTERVIEW

WITH HEAD MAITRE D ZION  
(PRONOUNCED ZION) BARZILAY

The lights dim.

The van pulls up slowly.

"Dinner's here", said Zion, "Everyone get back."

FR: Hey Zion, great to see you again.

What's your favorite meal to serve?

EN: Chicken on the bone. Serves itself!

FR: Catchy! What's your biggest fear?

EN: What does that have to do with this interview?

FR: Yeah, let's cut that one. Anything you wanna let the world know?

EN: You guys all get the same portion.

FR:Wow, so deep. Thank you so much for everything you do for us!

## NO MOUNTAIN TOO HIGH

BY MORDY LEVOVITZ

Wussup wussup, So why was Yisro zoche to get a parsha named after him? (I know I know, the boys are probably thinking I've heard this one before) In last week's parsha HaShem performed the miracle of miracles and split the Yam Suf. Not just the Yam Suf, but all water split. This was an open miracle and Yisro was the only person in the world to come to convert and give his life over to HaShem. Listen, I have not seen a sefer or heard anything that Yisro was sipping on a nice glass of water and then he goes in for a sip and it just completely missed his mouth, but he heard and he dropped everything. On this topic, I think we can all agree as far as taps from HaShem the splitting of the Yam Suf was a slap in the face, when I read this I thought to myself, "If I witnessed that, I would drop everything for HaShem!" But then I took a step back- I wasn't there, I'm here now for a reason. And what I can do is start with those little taps which aren't actually taps, they are our own personalized Krias Yam Suf that were thought out and carefully planned specifically for each person on his own. Back to Yisro- Mr. Gashmiyos who left his mansion and all his wealth to live with the Jews in the wilderness. Yisro was holding in all idols from the dust to the stars and he realized the One and Only God is HaShem. He was deep deep down but with yiddishkeit there's no hole to deep, and no mountain too high (might be a song not to sure)- there's always a way out. In Mesilas Yesharim ג'ק"פ, the Ramchal uses a mashal of a maze, and how one can constantly make the wrong turns and feel lost like there's no way out. But then a man who completed this maze lends him a hand, and the once lost man follows him out. This is Yisro. He came to Moshe and the Yidden for their hand for a way out. As we see throughout the Torah people with hardest challenges, come the greatest reward, (ex: Yehuda+Tziporah= Mashiach). We who go through the most difficult challenges- it's only because we have the strength to be experts in those challenges the opposite way, one who struggles in anger has the ability to be the most agile and gentle fellow. It didn't matter that for a big portion of Yisro's life he wasn't a Yid, now he was and that was his main thing and HaShem loved him for it. Hashem runs the world and what ever He wants to happen will happen. Yisro gave over the idea to Moshe on how to set up questions and judgement on the Yidden by setting up a pretty complex system and he said to Moshe, only if HaShem agrees. Moshe brought the proposal to HaShem and HaShem agreed. Question though, Moshe was in contact, in a sense we can't imagine, with HaShem- why didn't HaShem just tell Moshe this? Yes of course HaShem knew this system, but he wanted it to come from Yisro in order for Yisro to be zoche to have a parsha named after him. We are all shliachs from HaShem. We might not know it ,but it's time to start livin in reality and keep that main the main thing.



# COMMITTING TO FREEDOM

BY DOVI HAMBLING

One thing that many of us have been or are chasing is freedom. I spent a little time digging into freedom on a deeper level and here's what I came up with.

When I ask you to describe your ultimate freedom it might be chilling on the beach with a cold beer or hiking through the hills of צפת with no stress, free of commitments and no restraints. However consider this; surely by creating that image of freedom in your head you have now locked freedom in a box, when all this time we chase freedom to be more "out the box". Basically by definition, if you define freedom its no longer truly free. This goes further than a image. Say I have a dream of travelling the world, free in every way possible, I'm determined to make it happen. By setting myself on this path to freedom I'm essentially denying myself the opportunity for commitment, how free am I now?

On the other hand, too much freedom isn't good either. As I experienced when Yehuda asked me to write an article for the Fischer's weekly (which btw thank you for the opportunity) about "absolutely anything" and it can be "however long you want". I was now faced with what seemed like an impossible task. This is an overload of options. For example if your given the choice of two pairs of shoes your more likely to be satisfied with your decision, whereas if you have the choice of 50 pairs you'll likely find yourself unsure of decision. "What if one of the others are more comfortable, and I'm not so sure about the colour..."

So freedoms a myth?

Too much of it isn't good?

Well although I'm no professional I think that just like with a lot of things it's just finding the balance that works for you, choose to commit to something real based on your values. Commitment rejects the alternative options, blocking distractions and gives you the freedom to fully focus on your goals. Commit to your goals and set your mind free! Just gotta say a huge thanks to my incredible rabbeim, parents, friends, family and this whole yeshiva for all the inspiration and motivation.

## ANXIETY

BY ARI KLERER



The picture is when I want to say/accomplish something, but the anxiety holds me back. I'm working on getting past that, but I know the key is inside me.

## WOW, I'M NOT CRAZY

BY ARI EISENBERGER

When Yehuda Raice came over to me and told me that I'm writing an article, my initial reaction was no way!! Too much pressure!! Too much anxiety!! I'm not down! But after him explaining to me that everyone has these feelings when he asks them to write, the feeling I had was like "Wow, I'm not the only one that feels this way! Other people also have these problems!" And this is a big reason why I'm writing this right now so guys...I think this is the way it works in every day life. We're so scared and fearful of trying new things because they have never been done before. My bracha to everyone as Rebbetzin Brene Brown says in her book Gifts of Imperfection, which by the way is a life changing book, "...may Hashem give us the serenity to accept the things we can't change, the courage to change the thing I can, and the wisdom to know the difference."

# CONFUSED?

BY MYER RIMPLER

Why do I think crazy,  
 I go to the doctor he describes it in abc,  
 I don't understand it,  
 Probably cuz I'm stupid,  
 Well hey man this is not the out,  
 Now I feel even more sick,  
 If I'm so clear how come I have this doubt,  
 Hey dont even try to figure it out,  
 I just did that a second ago, isn't that the reason why my head is down?  
 Ok so let's try a different a different route,  
 Why though? Thought stick it out,  
 And never give up,  
 But my heart is telling me let go, how can that be bluff?  
 Am I not supposed to trust my instincts, isn't that what they all say even the higher ups?  
 I think I just showed you clearer then the day,  
 That its probably best not to trust what the world might say,  
 You have a G-d, that Was, that Is, and never going away,  
 So when you're confused as I am, go ahead and shout his Name.

## ANSWERS RECIEVED WHEN ASKING WHAT'S FOR LUNCH ON THE CHAT

310, 320, 330,  
 340  
 14.3%

The definition of  
 lunch  
 19.5%

Food  
 7.8  
 %

I found shorts in my laundry who's are  
 they  
 28.6%

Bagels  
 29.9%

## A CASUAL CONVERSATION BETWEEN MEIR FOSTER & DOVID BAKST

BY MEIR FOSTER & DOVID BAKST

D: Yo Foster, why are there people taking pictures outside?

M: Yo Bakst, why are you even outside the Beis?

D: I was on my way to lunch from R' Stampler's shiur.

M: But why are you eating lunch if you're supposed to be learning all day?

D: Because I don't want to die of starvation

M: Physically or spiritually?

D: Emotionally

M: That wasn't one of the options

D: The Mir wasn't either

M: Anyway, zukt the Gemara...

## IDEAS OF POSITIVE THINKING

BY RAFI PINES

I think that we, being normal, often don't give enough credit to the good we do in life. Yet, we often credit the bad as if to say I need to always be better and I can never accept I'm good at who I am. This then takes us into a downward spiral of shame making us feel unwanted, unfulfilled, unworthy, etc. What if I could tell you though, that there is something we can do to change this? What if I told you I am an amazing person with amazing qualities who deserves amazing things? This can happen through positive thinking.

The following is a strategy that we can use; just one little way we can change our lives for the better. There are many, many ways and here is just one.

Often, we don't give enough credit to our good qualities like I said before and we only give a negative credit to our bad. Let's flip this around and think when I do something good let's hold onto this and then when we are about to do something bad influence ourselves in the situation and say I am a amazing person with amazing qualities who just did A,B,C I don't "need" to do this I am an amazing person with amazing qualities and I deserve better.

## STILL FLEISHIGZ

BY HUDA KRUPKA





# FISCHER'S

## AS SEEN THROUGH MYRIAD DUOTONE FILTERS





# FISCHER'S IN COLOR

